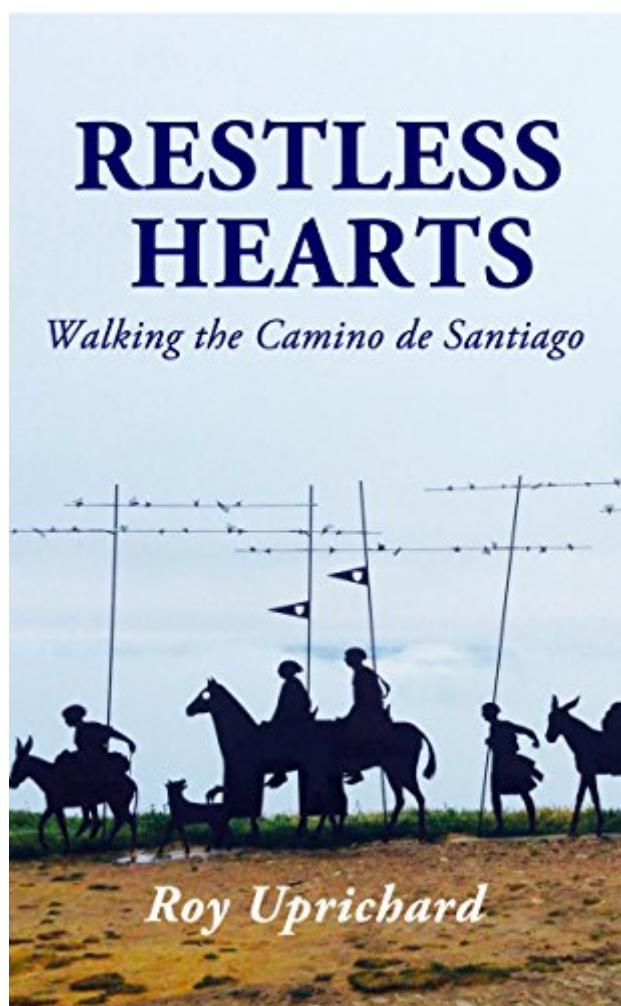


The book was found

RESTLESS HEARTS: Walking The Camino De Santiago. A Love Letter To The Camino Frances.



Synopsis

A physical test. A spiritual quest. Dealing with the past by walking it all out. In an evocative mix of travel writing and memoir, an Irish pilgrim fallen out of love with his Church yet finds himself drawn to walk the Camino de Santiago. Deeply moved by encounters with other restless hearts, he begins to find his way again.

Book Information

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Customer Reviews

I recommend this without hesitation. Packed with details and poetry, it will lift your soul. This beautiful book invites the reader to join in the author's journeys, both physical and spiritual.

In this very special book Roy Uprichard shares with us not just his walk along the pilgrim trail to Santiago, but something of his own life experience and his difficult spiritual journey. Memories of his own childhood and youth in Northern Ireland are intertwined with stories of the history of Spain, or the Basque country, as Roy remembers so many of his experiences during the troubles and how he grew away from his upbringing. In a beautiful descriptive prose, Roy tells us not only about his own

past, but about his literal journeys along the Camino Frances, experiencing a sense of peace and being often moved to tears by his surroundings and by the atmosphere they evoke. There are also many fellow pilgrims whom Roy describes for us in phrases which capture their personalities, and who have their own stories to share. As Roy says of himself and his fellow pilgrims, 'They walked towards God, towards a peace that was often elusive but felt in snatches of a conversation beyond words.' Reading this book is a spiritual experience in itself.

RESTLESS HEARTS: Walking the Camino de Santiago by Roy Uprichard brings new insights into the Camino de Santiago. As a historian, the author explains the history behind various monuments especially those dealing with revolutions and strife within Spain. As an Irish person who was personally affected by "The Troubles" in Belfast, Mr. Uprichard brings personal awareness and sensitivity to strife within a country when discussing the revolution and those killed during the Franco risings. I found his point of view honest and refreshing. Having walked the Camino, I enjoyed the author's descriptions and annotations. I particularly enjoyed his descriptions of flowers and birds, since I know so little of either. As the saying goes, each person walks his own Camino and I enjoyed seeing it through his eyes. Although not a Catholic, Mr. Uprichard reawakens his faith while walking the Camino and tells about it in a heartfelt way.

I liked Roy Uprichard's words "we are but restless hearts, wrapped in a temporary pilgrim mantle, seeking to regain our land of lost content." His book 'Restless Hearts' is written in a lovely descriptive style, and as one accompanies him and his daughter Nicola on their pilgrimage, one can virtually hear the sound of village church-bells ringing vespers and the clanging of cowbells in the prados - as well as inhale the fresh spring air of the Pyrenees and the aroma of black espresso in a Spanish plaza! Whether you have walked the Camino yourself, plan to walk this pilgrimage or just enjoy a good read, this is a book to be recommended. - Sanjiva Wijesinha (author of Strangers on the Camino)

"Restless Hearts" is the Camino memoir I have been looking for. Uprichard captures multi facets of the experience with words that are spell-binding. I have read 5 camino memoirs and for me this is the best.

I always enjoy reading books about walking the Camino de Santiago, and this was no exception. I really liked the portions of the book when the author tells about his experience growing up in

Northern Ireland and the search for his birth father.

I have read several books on the Camino de Santiago but this one was different. I especially enjoyed the author's ability to capture the characters that he met on the way.

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